**A Plan For Senior Care**

**Low Income & Senior Resources**

**ADULT DAY CARE INFORMATION**

www.aging.ca.gov/programs/adhc/adhc\_centers.asp

www.caads.org/find\_program/find\_program.htm

Medi- Cal In-Home Support Services 800-510-2020 or visit www.rcaging.org/opencms/Programs\_Services/index.html

**ADULT PROTECTIVE SERVIES- CAN ASSIST WITH LOCATING HOUSING**

[www.dss.cahwnet.gov/pdf/apscolist.pdf](http://www.dss.cahwnet.gov/pdf/apscolist.pdf)

www.apsnetwork.org

http://css.lacounty.gov/Aps/Aps.html#pagetop

**AREA OFFICE ON AGING SENIOR CARE AND HOUSING OPTIONS**

(800) 510-2020. [www.officeonaging.ocgov.com](http://www.officeonaging.ocgov.com)

**CALIFORNIA TELEPHONE ACCESS PROGRAM**

Phones for people having difficulty seeing, hearing, speaking, remembering or moving

1 (800) 806 1191

[www.ddtp.org](http://www.ddtp.org)

**CHURCHES**

**COUNTY HUMAN SERVICE & HOUSING AGENCY**

[www.cwda.org/links/chsa.php](http://www.cwda.org/links/chsa.php)

1-800-569-4287

**HOMELESS RESOURCES**

**Homeless Shelter**

http://dir.yahoo.com/Society\_and\_Culture/issues\_and\_causes/housing/homelessness/organizations/relief\_organizations/shelters

www.homeless.org.au/directory/shelters.ht

**HUD HOUSING INFORMATION**

Senior Housing Affordable Housing for Elders

National Hotline 1-800-899-0089

[www.hud.gov/groups/seniors.cfm](http://www.hud.gov/groups/seniors.cfm)

**LOW-INCOME HOUSING**

www.apartmentguide.com/senior/California

# [www.publichousing.com/state/California](http://www.publichousing.com/state/California)

**MEDI-CAL**

www.**medi**-**cal**.ca.gov

[www.dhcs.ca.gov/services/**medi**-**cal**](http://www.dhcs.ca.gov/services/medi-cal)

www.medi-cal.ca.gov/contact.asp

1-800-541-5555

**Medi-Cal office in California:**

www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx

**Medi-Cal Enrollment Form:**

www.dhcs.ca.gov/services/medi-cal/Pages/MediCalApplications.aspx

**Medi-Cal – What it Means To You:**

[www.dhcs.ca.gov/formsandpubs/publications/Documents/Medi-Cal\_PDFs/pub68\_english.pdf](http://www.dhcs.ca.gov/formsandpubs/publications/Documents/Medi-Cal_PDFs/pub68_english.pdf)

**MEDI-CAL ASSISTED LIVING WAIVER PROGRAM ENROLLMENT CARE COORDINATOR**

Star Nursing

Medi-Cal Assisted Living Waiver Care Coordinator

[www.starnursing.com](http://www.starnursing.com)

Nancy Frost

Nancy@starnursing.com

(877) 687-7399

Libertana Home Health

Medi-Cal Assisted Living Waiver Care Coordinator

[www.libertana.com](http://www.libertana.com)

Jonathan Istrin

jistrin@libertana.com

(800) 750-1444

**MEDICATION DISCOUNTS AND PROGRAMS**

www.aafp.org/fpm/20050300/49what.html

https://secure.medactionplan.com/mymedschedule/index.htm

**RENTAL TENENANTS RIGHTS ORGANIZATIONS**

www.caltenantlaw.com/Rights.htm

[www.courtinfo.ca.gov/selfhelp/other/lglsvcpgm.htm](http://www.courtinfo.ca.gov/selfhelp/other/lglsvcpgm.htm)

**SENIOR APARTMENT WEBSITES**

www.apartmentfinder.com

[www.apartmentguide.com/senior](http://www.apartmentguide.com/senior)

**SENIOR CENTERS- CAN OFFERS MEALS, CARE MANAGEMENT, HOUSING ASSISTANCE**

www.vitalco.net/Senior%20Centers/orange\_senior.htm

**SENIOR SHARED HOUSING**

(714) 567-7500

(714) 567-7435

1300 S Grand Ave Bldg B

Santa Ana, CA 92705

**SOCIAL SECURITY OFFICE – TO RAISE INCOME TO SSI**

Supplemental Social Security Income

(800) 772-1213

www.socialsecurity.gov/ssi/text-understanding-ssi.htm

**SSI OUTREACH ASSISTANCE TO APPLY FOR SUPPLEMENTAL SECURITY INCOME**

714-568-0082

ssioutreach@mhaoc.org

www.mhaoc.org